

# Ninmah's Mentation: EMBRACE THE LIGHT Web Radio and Article by Janet Kira Lessin aka Ninmah



Janet Kira Lessin, immersed in the Sumerian Goddess Ninmah as an archetype, *ishideva* and model for Quan Yin, Sophia, Parvati and Mother Mary, and our own Inner Mother, shares some of Ninmah's wisdom.

Click arrow and hear her; her words are repeated below:

Imagine we each have a subself (an *inner* voice) that resonates with the peaceful, cooperative spirit of Ninmah The Peacemaker.

Our Ninmah subself, can also access an *outer* Ninmah, an ET from Nibiru, who has wisdom for you and for humanity.

\*\*\*

So here's Janet, replying to an email on one of her Ninmah groups.

ARE THE WORLD'S CEOS HUMAN? Re: [Ninmah] Godsebook.org by Janet Kira Lessin

We are in an alien controlled world. They created us. Ninmah is the Mother of Humanity and she's one of the white hats, the

good ones, the best of the best. She's an ishideva, a model, an archetype for the rest of us which resonates with one of our inner selves. She's my personal guide. I highly resonate with her message of love.

Some aliens are of the light, some of the dark. So reach for the light. Pray because prayer is simply telepathic communication with higher beings including your own Higher Self, which has greater awareness of creation.

You are locked in a program. We all are. It's called the Matrix and it's very perverse.

Your prayers to higher beings indicates that you're awake.

When we reach critical mass, they will contact us en masse and the perverted matrix will fail, short circuit, dissolve, fall. The matrix is artificial, an ILLUSION. It requires YOUR energy to sustain it. Give it no energy. It disintegrates into nothingness.

Until then, they (the good aliens) are not allowed to interfere, like Star Trek's prime directive.

We all agreed to go unconscious in the dream which has become a nightmare. Time to awaken from this nightmare and take our rightful place in the Federation of Planets (Love, Light). They're waiting for us. We simply must show them we're awake.

Contact them individually, at first. Join others in small groups. Contact them via group meditation. Your groups will grow. It's time. Your personal faith will grow as others are converging on the truth. Be not afraid to speak it, but if you find resistance, do not argue, but quietly withdraw and bless those who are in the program. Forgive them for they know not what they do. They are puppets and the master's hidden, but real, pulling their strings from off stage. Send them love. They'll feel it. Love all who are trapped in the negative matrix. Love heals their wounds and enables them to awaken.

Pray for all who are trapped in the matrix. They need energy to escape the mind control that binds them in a personal Hell.

Focus on love and light beings only. Never invoke the dark, for they'll take over and control you. Protect yourself with white light at all times. Energy's as real as material things. Your thoughts are deeds. As you send white light around you, cast a net of light around yourself, expand that net to your family, pets, community, world. They'll feel it, be protected by your [valtrex online](#) love. Your love awakens all. It's far more powerful than evil and darkness.

Contact will happen, at first, individually. Remain open minded and always focus on love and light.

Become love incarnate. Always love everything, everyone. If you feel negativity, transmute it within yourself immediately, as soon as you are conscious that your thoughts or consciousness has devolved into a negative emotion, notice it, let it go, replace it with a good thought, kind, loving emotion. Center yourself. Integrate love into your own personal being. Send it to the person or thing that offended you. Bless them for they too are of the light, are from Source. Your blessing will help transmute them. They won't understand why they're getting lighter and full of love, but they will evolve as well.

The negative ones fear the evolutionary process of what they actually desire deep inside. For the dark is painful, to self and others, and is unsustainable. The house of cards is falling down.

We transmute all negativities alchemically with our minds filtered through our hearts loving all souls. We're connected. Any love felt, fostered, nurtured, encouraged transmutes the entire continuum.

These false flag events created by mind controlled programmed individuals are there to keep the matrix in place, keep us

controlled by fear and distrust of our fellow human beings.

However, it's backfiring en masse for we have seen Hollywood special affects before. We have seen orchestrated events all our lives, those designed to capture our hearts and souls with fear and grief. We've witnessed horrendous things or heard of them, from assassinations to suicides to war to atomic bombs. All are designed to trap us in dark energy and emotions.

Don't be fooled.

We won't be fooled again.

We now have the power for we are awake. We're connected to love and light, SOURCE, so bright that all darkness and the minions of darkness (fear, greed, grief, despair) are illuminated by this incredible, bright light (ourselves, awaken, enlightened (in-the-light-full-of-light)). Light fills even the darkest corner of this world. We're Sleeping Beauty in a town of sleeping beings. All awaken, from the King to the slaves (servants). The veil falls. We are love incarnated, reunited once again.

\*\*\*

Janet Kira Lessin is a are featured presenter at the Stargate to the Cosmos Conference, June 7 to 9, 2013 in Henderson, Nevada (near Las Vegas)

**STARGATE TO THE COSMOS CONFERENCE:** An intimate conference for open minds:

Transport yourself to new realities at the Stargate to the Cosmos conference June 7 to 9, 2013 in Henderson, Nevada (near Las Vegas). This is our first Annual STARGATE TO THE COSMOS Intimate Conference where you meet and talk one to one with the speakers and some of the members of your intellectual soul group. We focus on: Alien Aliens, Extraterrestrial & Inter-dimensional Contact & Expanding Consciousness.

Stan & Lisa Romanek, Janet Kira Lessin & Dr. Sasha Lessin, Laura Eisenhower & Dr. Dream , Michael Tellinger, Marsh and Ralph Ring, Bret Lueder, Kim Carlsberg, Jo Ann Richards, , Neil Freer, Gordon James & Janet Gianato, Sean David Morton, Robert Potter and special mystery guests share the latest revelations.

Register at [stargatetotheocosmos.com](http://stargatetotheocosmos.com) and teleport to tomorrow.

\*\*\*

---

## [2012: Ninmah Returns to Guide Humanity in the Age of Aquarius by Janet Kira Ninmah Lessin](#)



Aloha Everyone,

The Anunnaki were as complex as humans and their characteristics are ours and our characteristics are theirs. We operate on an emotional/psychological kline and some control basic, evil (disregard for consciousness) tendencies better than others. But “nothing in the human condition is alien to any one of us.”

With that being said, we are all, Anunnaki, human and other alien, sentient life forms, souls that inhabit bodies. Our souls are separate entities from our bodies (see the works of Dr. Michael Newton in his series of books on "Life Between Lives"). Our bodies have DNA (programming) that affect the dynamics and personality inherent with the body. The soul and body are in a symbiotic relationship and the soul sometimes struggles with the true nature of the body they chose to inhabit during that current lifetime. But, and, the soul is the most powerful of the two and can overcome the natural tendencies of the body, thus learning the lessons that that lifetime in that body creates for the soul and the soul makes progress as an eternal being.

With that being said, all of us learn, grow, evolve, progress, Anunnaki, Human, Grey, Reptilian, etc. through our various lifetimes. In a way, we evolve faster because of our short lives and our constant going in and out of incarnations back and forth to the spiritual realms. The Anunnaki stay in one physical form for an extremely long time. And while they are long lived, they too have been known to die. And in the case of Thoth (and probably Enki and Ninmah and the others in the Enki-ite clan), they discovered true immortality by interacting with the Galzu in the Halls of Amenti and since we last heard from them (what's been written in stone/clay tablets), they too have probably evolved to a great deal and are now poised, ready to deal with us in a more kind, loving, intelligent, spiritually-advanced fashion than before.

What's keeping them from doing so is the age-old problem that faced them all along—they must wait for the proper "age" in order to take the leadership role. We are now poised at the brink of the Aquarian Age (Enki's age) and when that critical point occurs (probably December 21, 2012), Enki will at last take rulership of the EArth (named after him, EA, EArth) and it's his turn to rule.

With what we know of Enki, he will more than likely be a far

more benevolent ruler than any other ruler we've had before. And, from what I get through my channelings, he will not rule alone but will rule in true partnership with his beloved sister Ninmah. Ninmah is the true hero of this tale, long unrecognized for her part in humanity's story. She birthed us, is the geneticist that created us. If not for her science, her discovery and abilities as a geneticist, none of us would be here to read this.

She will at last be recognized and returned to full status as the unsung hero she is. She is the one, after the deluge, that promised us (humanity) that she would not allow us to perish again. So be prepared for Ninmah (her name means Momma, Mother) for she is Goddess who loves us and is now coming back to comfort and guide (not rule) us, her children.

Love, Blessings,  
Janet Kira Ninmah Lessin

—Original Message—

From: Tracy Lauren To: 1ANUNNAKI  
Sent: Mon, Dec 12, 2011 3:02 am  
Subject: Re: [1ANUNNAKI] Lost book of Enki

I see your point Joe. But although that is true it isn't the whole truth nor is it the complete picture. Not all the annunaki were like that. We know a lot about Enlil and Enki and they were the ones in charge, after the Deluge they were a lot more benevolent than before. Enki loved mankind. There is no doubt about that. When we destroy our planet with a global nuclear war probably next year, they will come and help us save our behinds, that is sure.

Tracy

---

Von: joe stal  
An: "1ANUNNAKI@yahoogroups.com"  
Gesendet: 20:36 Freitag, 9. Dezember 2011

Betreff: [1ANUNNAKI] Lost book of Enki

All I can say is wow,all these guys did was war,have sex and screw each other over,now I see where we humans get it from,these guys just as screwed up as we are because we do the same thing. 0 and use our female as baby makers,they saw are daughters and wanted them too.Damn Anunnaki gene. ,to much of them in us.

Sent from Yahoo! Mail on Android

---